

# I'm a Summer Active Girl Scout



*Your Girl Scout fun doesn't have to stop when the school year ends!*

Summer is the perfect time for Girl Scouts to continue. You can enjoy the great outdoors, the longer days, and the warmer weather. Camping adventures, picnics in the grass, visiting local parks, trips to the lake...there are so many fun things to do this summer as a Girl Scout!

Girl Scouts of the Sierra Nevada wants to help you stay active with our 2020 I'm a Summer Active Girl Scout Challenge. **Girls who enroll by June 15, 2020, and complete the requirements between June 30 and August 31, 2020, are eligible to earn the patch.**

## REQUIREMENTS

- Notify GSSN that you will be summer active and plan to participate in the I'm a Summer Active Girl Scout Challenge.** Send an email to [girlscouts@gssn.org](mailto:girlscouts@gssn.org) with the subject line "Your Name is Summer Active" by June 15, 2020.
- Complete at least three of the following outdoor challenges throughout the summer and let us know all about it!** Send a photo of the steps you complete to [girlscoutshelp@gssn.org](mailto:girlscoutshelp@gssn.org) so we can share how much fun you are having on our Facebook page.
  - 1) Research bird, bee, or butterfly habitats. Build a small habitat in your yard, porch, or neighborhood.
  - 2) Grow a small-space urban garden with three different types of edible fruits or vegetables. At the end of the summer create a dish using the foods from your garden.
  - 3) Complete a nature sensory exploration experience.
    - a. Using only your sense of smell, with your eyes closed, draw what items you think you are smelling as you sit outdoors.
    - b. Take a color wheel on a hike. Find all the colors on the color wheel in nature. Draw or make a note of what you find.
    - c. Draw an outline of clouds you see in the sky. Using your cloud outline, create a picture of something else you have seen in nature.  
Without peeking, have a friend or family member select five different items from nature and put them in a bag or box.
    - d. Cover your eyes with a scarf. Using only your sense of touch, think of three words to describe the item you are touching. Write down your three words. Ask someone else who has not seen the items to guess what they are, based on your description. Were they right?
  - 4) Gather small pebbles, leaves, grass, dirt, and small sticks. Using only what you have collected, with glue and a piece of paper, create a picture of your home, school, or favorite place.
  - 5) Camp in your backyard or camp out with your family. Write a poem or short story about your experience.
- Complete at least one service project.** Summer is a great time to practice environmental stewardship! Planting a tree, cleaning up litter in a public space, or help maintaining a trail, make for an awesome summer service project!
- Renew your membership** by August 31, 2020. A 2021 membership is required to qualify for the patch.
- Patches will be available for purchase at the GSSN Shop later this summer. Questions? Contact our team at [girlscoutshelp@gssn.org](mailto:girlscoutshelp@gssn.org).